



ISN'T IT GREAT WHEN THINGS JUST CLICK?

A seamless Cigna online experience is here.

Easier to access. Easier to navigate. Easier to use.

Great news: Your Cigna Employee Assistance Program (EAP) online experience just got an upgrade, with our recent move from CignaBehavioral.com to **myCigna.com**.

Now, instead of going to two different websites to view your EAP and plan benefits information, you'll find it all in one place.

With a single log in to the myCigna® website, you'll now have seamless access to Cigna EAP features, including:

- › View program information
- › Obtain authorization for face-to-face visits
- › Take advantage of extended EAP chat hours
- › Use the Search toolbar to find what you're looking for faster
- › Access health programs and resources in the Manage My Health section, such as wellness modules, the Health Encyclopedia, Healthy Rewards® discount program and more



Log in to myCigna.com to explore the new EAP online experience today.

Together, all the way.®



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